

## Coconut Milk Porridge & Tamarind Sambal



Ingredients for Tamarind Sambal	Making Tamarind Sambal		Ingredients f	or Coconut M	lilk Porridge
Dry Red Chilly \( \subseteq \text{Two} \)	an .	☐ Take 2 dry		Rice ☐ 1/2 cup	
Coconut 1/4 cup	S	chilly and	Fenug	greek 🗌 1/2 tsp	
Tamarind $\square$ Small ball sized	9	roast it over fire.	Moong	Dal 🗌 2 tbsp	
Onion  One roughly chopped	Ë	A THE		Salt  As needed	d
Curry Leaves 10 to 15	e (		O	nion 🗌 Two med	ium sliced
, 10 to 13	Ë	☐ Grind 1/4		arlic 🗌 10 to 15 p	
	<u> </u>	cup of		$\Box$ 1 tbsp	
<b>Ingredients for Tempering Process</b>	p0	coconut without water.		arrot \( \subseteq 1 \text{ tbsp cho}	opped
Ghee ☐ 1 tsp	· <u>\sqr</u>			hilly  Two [slit]	
Fennel Seeds  1/2 tsp	<u>a</u>	☐ Add the		Vater $\square$ 2 cup	
Onion   1 finely chopped		roasted dry		Milk ☐ 1.5 cups	
Official Triffery enopped	4	chilly.		eaves $\Box$ 1/4 cup	
		Tr.	Diamstick Le	aves - 174 cup	
☐ Add the rice with water ☐ Add	Step		☐ Add 1/2 cup of	☐ Turn on the flame	ot
in a prassura cooker : 1 1	S S		_	medium heat with lid or	in ridd 1.5 cups
Break the rice with hand.		☐ Add small			once starts boiling
with hand.		ball sized	$\rightarrow$		Thicke
		<b>√</b> Tamarind.		197	
			<b>^</b>		(As)
☐ Wash and soak it for 10 minutes with	4	Add 1	│ ☐ Mash th		/
<b>7</b>	Add two	roughly	cooked	☐ Stir it	V
	nedium	chopped Onion.	mixture	well.	
slic	ed onions	<b>V</b>	well.	☐ Add	
☐ Add 2 tbsp			1	salt if	
Step 1&2 - of moong dal.				or required.	
aking Coconut	Add 10 to		2 whistles	The same of the sa	
	5 pods of	☐ Add 10 - 15 curry	medium heat.		☐ Cook it for a
Milk Porridge sk	in removed Garlic.	leaves	neat.		minute and turn off
Take 1/2 ☐ Add 1/2 tsp <b>7</b>	Garne.	The state of the s	^	☐ Add 1/4 cuj	
up of rice. of fenugreek	1	☐ Add	☐ Put th	e drumstick leav	res,
	dd 1 tbsp	preferred salt.	mixturein		
	crushed singer.		pressure cooker.		→ <b>(</b>
g		☐ Now grind the	COOKEI.		
	1//	ixture with a little	K	\	
		water and get the	_		
	Tam	arind Sambal ready!			
ow the Coconut Milk  Of chopped		101		☐ Add 1/2 up water and	□ Add 1 top of
Porridge is ready!.				eep it aside.	☐ Add 1 tsp of Ghee in a Pan.
	☐ Add two			1	
	☐ Add two green chilly ⊿	-			<b>N</b>
	with slit.	PINE			
	•			□ A 11 1/2 to	
☐ Add this tempered		130		☐ Add 1/2 tsp of fennel seeds.	
Scan 4 Blog mixture to the Porridge.		IZ 4 6	☐ Add one med		Scan 4 Video
minute.		Keep the flame at um heat. Mix it well.	sliced onion		
	mean	um neat. Wha it well.	0	A	
	_			15	
New March	_			A. C.	[[[2]]
Ellidente					E177: P42
Ste	р 3 - Те	empering Pr	ocess	<b>T</b> 4 =	۸٫۷۸٫۷۸٫۷۸٫
•			Kate	your Taste 7	NWWW