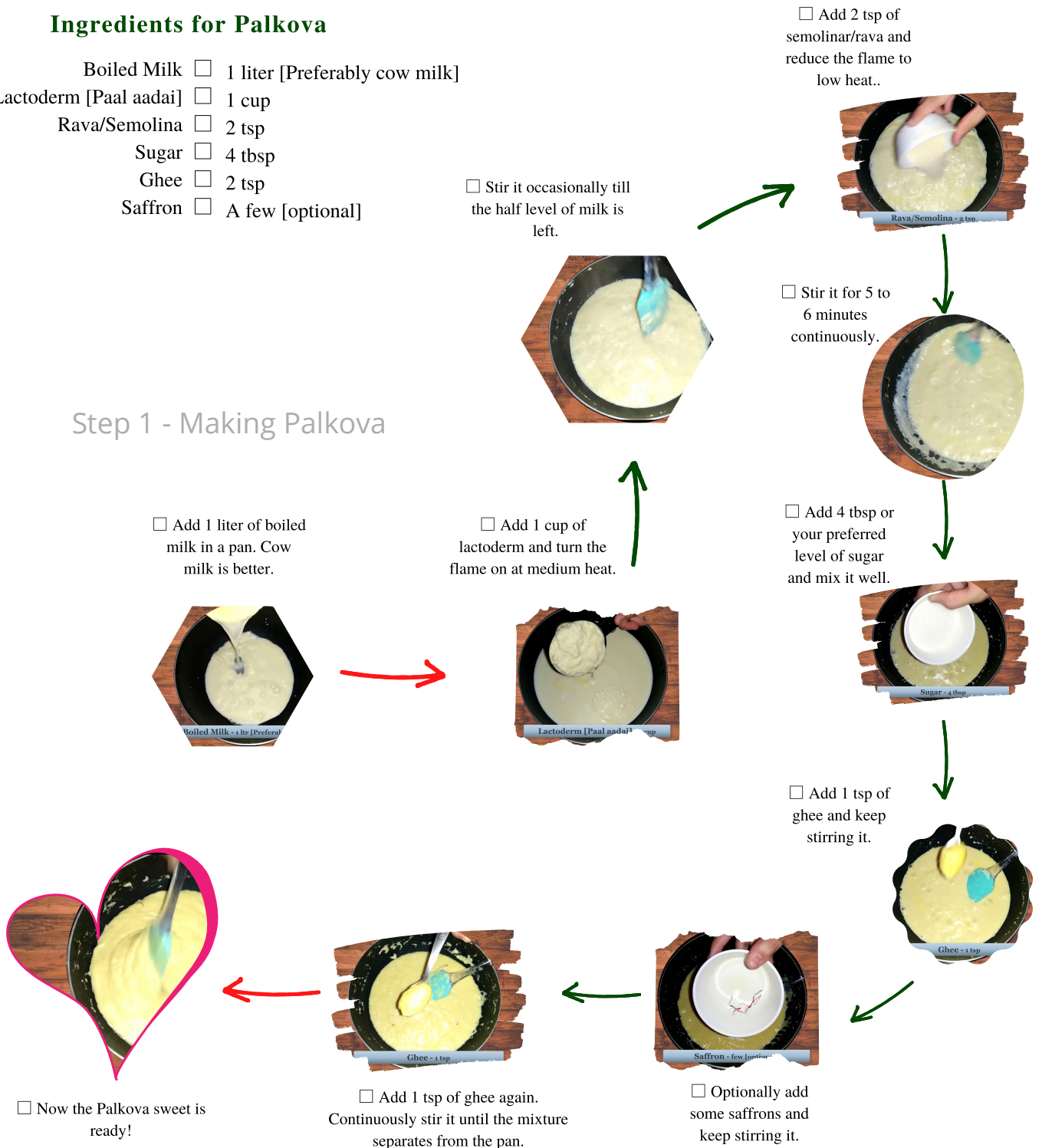


Ingredients for Palkova

- Boiled Milk ☐ 1 liter [Preferably cow milk]
- Lactoderm [Paal aadai] ☐ 1 cup
- Rava/Semolina ☐ 2 tsp
- Sugar ☐ 4 tbsp
- Ghee ☐ 2 tsp
- Saffron ☐ A few [optional]

Step 1 - Making Palkova



☐ NOTE: Scrap the edges and keep stirring it continuously after the initial stage throughout the process to avoid sticking and burning of the mixture.

